

## SMOKEFREE / AUAHİ KORE

### POLICY STATEMENT

Smoking and tobacco use has been identified by the World Health Organisation (2010) to be the leading cause of preventable disease and death.

This policy aims to:

- Ensure Bay of Plenty District Health Board (BOPDHB) achieves the Ministry of Health's (MOHs) Tobacco Health Target of 95% of hospitalised smokers being offered smoking cessation support.
- Establish best practice in terms of the care and treatment of patients who are smokers by the utilisation of the ABCs of Smoking Cessation (refer protocol 0).
- Protect employees, contractors, patients / clients, family / whanau and visitors from the harmful effects of exposure to tobacco smoke.
- Support the denormalisation of smoking and tobacco use.
- Provide cessation support for all patients, employees and contractors who wish to quit smoking or to prolong periods of abstinence between cigarettes.
- Reduce the prevalence of smoking by positive role modelling for healthy smokefree lifestyles and communities.
- Provide leadership as part of 'Smokefree' Midland DHBs (Bay of Plenty, Lakes, Tairāwhiti, Taranaki and Waikato).
- Support the New Zealand Government's commitment to Smokefree Aotearoa 2025.

### PURPOSE

This policy enables BOPDHB to:

- Comply with the Smoke-free Environments Act 1990 (amendments 1997 and 2003), the Health and Disabilities Act 2000, and the Health and Safety at Work Act 2015.
- Reduce the health inequalities between Māori, Pacific Island peoples and the general population.

### EXCLUSIONS

There are no exclusions.

### REFERENCES

- Smoke-free Environments Act 1990, amended 2003
- New Zealand Health Strategy 2000
- [NZ Guidelines for Helping People to Stop Smoking, 2014](#)
- [Background and Recommendations of the NZ Guidelines for Helping People to Stop Smoking, 2014](#)
- [Advice on the Use of E-cigarettes. Ministry of Health. 2015](#)
- [Health & Safety at Work Act 2015](#)
- [Guide to Prescribing Nicotine Replacement Therapy. 2014](#)

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Section Name: Safe Environment	Version No: 7	
Policy Steward: Medical Director	Authorised by: Chief Executive Officer	

### ASSOCIATED DOCUMENTS

- Bay of Plenty District Health Board policy 5.4.2 protocol 0 Smokefree – Smoking Cessation ABC's
- Bay of Plenty District Health Board policy 5.4.2 protocol 1 Smokefree - Facilities Standards
- Bay of Plenty District Health Board policy 5.4.2 protocol 2 Smokefree – Employee and Contractor Standards
- Bay of Plenty District Health Board policy 5.4.2 protocol 3 Smokefree - Mental Health & Addiction Services (MH&AS) Inpatient Units Standards
- Bay of Plenty District Health Board policy 5.4.2 protocol 4 Smokefree – Inpatient Standards
- Bay of Plenty District Health Board policy 5.4.2 protocol 5 Smokefree – Management of Nicotine Dependence
- Bay of Plenty District Health Board Medication Practice Manual protocol MED.N2.1 Nicotine Dependence Therapy - Inhalator
- Bay of Plenty District Health Board Medication Practice Manual protocol MED.N2.2 Nicotine Dependence Therapy - Gum, Lozenge, Patch
- Bay of Plenty District Health Board Medication Practice Manual protocol MED.N2.3 Nicotine Dependence Therapy - Tablets (Bupropion Hydrochloride)
- Bay of Plenty District Health Board Medication Practice Manual protocol MED.N2.4 Nicotine Dependence Therapy - Tablets (Nortriptyline)
- Bay of Plenty District Health Board Medication Practice Manual protocol MED.N2.5 Nicotine Dependence Therapy - Tablets (Varenicline as Tartrate)
- Bay of Plenty District Health Board policy 1.3.1 Complaints Management
- Bay of Plenty District Health Board policy 1.5.1 Interpreter Services
- Bay of Plenty District Health Board policy 3.50.02 protocol 9 Investigation Process
- Bay of Plenty District Health Board policy 3.50.02 Protocol 15 Disciplinary Process
- Bay of Plenty District Health Board policy 5.1.6 Transport – BOPDHB Fleet Vehicle
- Bay of Plenty District Health Board Reportable Event form
- Bay of Plenty District Health Board Form FM.R4.6 Referral Smokefree Community

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