 <p>BAY OF PLENTY DISTRICT HEALTH BOARD HAUORA A TOI</p> <p>SAFETY OF CHILDREN PROTOCOL</p>	<p>SAFE INFANT (BIRTH TO 1 YEAR) SLEEPING</p>	<p>Policy 1.6.1 Protocol 1</p>
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STANDARD

Bay of Plenty District Health Board (BOPDHB) recognises the link between Ministry of Health (MOH) Safe Sleep Essentials and the prevention of Sudden Unexpected Early Neonatal Death (SUEND) and Sudden Unexpected Death in Infancy (SUDI). MOH Safe Sleep Essentials advises:

In every place, for every sleep, check that baby is safe:

Place	Place baby in his or her own baby bed in the same room as a, responsible parent / caregiver who is ready and alert to attend to the infant's needs. Ensure baby's face is clear of loose wraps and bedding, the sleep environment is free from pillows and anyone who might overlay the infant, free from gaps that could trap or wedge the infant, and free of any objects that might cover the face or cause strangulation.
Eliminate	Provide early intervention to eliminate alcohol, drug use and smoke exposure, and promote that infant sleep environments will always be smokefree.
Position	Position baby to sleep on his or her back on a flat, firm surface as this provides airway protection.
Encourage	Provide support to encourage breastfeeding, immunisation, safe swaddling and always gentle handling of baby.


Safe Sleep practice will be implemented in all settings for which BOPDHB has responsibility or influence for infants up to one (1) year of age who are placed to sleep. This is relevant to all health professionals in BOPDHB who work with pregnant women, infants (including boarder babies), their families, whanau and / or caregivers.

OBJECTIVE

It is paramount to the wellbeing of infants that health professionals in primary and secondary healthcare settings promote **'every sleep will be a safe sleep'**. To achieve this BOPDHB staff will have the necessary skills and resources to routinely:

- provide safe infant sleeping arrangements within BOPDHB facilities
- provide verbal and written health information to parents / caregivers about safe infant sleeping practices
- model and promote safe infant sleeping practices within BOPDHB facilities and in the community by outreach services
- assess that every infant discharged from BOPDHB facilities has a safe place designed for sleep at home
- support families, whanau and / or caregivers to connect with community services that promote safe infant sleeping practices
- encourage safe infant sleeping practices that are inclusive of Maori, Pacific and other cultural values


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<p>Protocol Steward: CYMR / IP Co-ordinator</p>	<p>Authorised by: GM Governance & Quality</p>	

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STANDARDS TO BE MET

	ACTION	RATIONALE
1	<ul style="list-style-type: none"> Key staff will be provided mandatory education and resources that promote safe infant sleeping practices and SUDI prevention, including ways of communicating risk to parents and caregivers, and families / whanau. 	<ul style="list-style-type: none"> To achieve and maintain the skill level required by staff to support safe infant sleeping practices and SUDI prevention across all BOPDHB services.
2	<ul style="list-style-type: none"> Each service will be responsible for providing safe sleeping arrangements for infants up to one (1) year of age who sleep within BOPDHB facilities. 	<ul style="list-style-type: none"> To ensure safe sleep arrangements are made for all infants sleeping within BOPDHB facilities.
3	<ul style="list-style-type: none"> All parents / caregivers with infants up to one (1) year of age will be informed about safe infant sleeping and SUDI prevention. Staff will advise and role model <u>only</u> safe infant sleeping, safe night feeding and safe settling practices within BOPDHB facilities (and when relevant in community settings) and promote these as strategies to use at home. 	<ul style="list-style-type: none"> Every infant has a right to best health, wellbeing and protection from harm. All parents and caregivers have a right to know how to avoid hazards to infants in their sleeping environments. Every contact parents and caregivers have with a health professional is an opportunity for them to gain support and health literacy about safe infant sleeping, safe settling and SUDI prevention. It is the responsibility of health professionals to clearly and effectively communicate with parents/caregivers to build their knowledge and skills about safe infant sleeping, safe settling and SUDI prevention.
4	<ul style="list-style-type: none"> Infants who are exposed to any smoking, alcohol or drug use during pregnancy, who are born before 36 weeks gestation or less than 2500 gm birthweight will be assessed as being vulnerable to SUDI. This assessment will be documented as part of routine health care for all infants up to one (1) year of age that are placed to sleep within BOPDHB facilities. A care plan for infants vulnerable to SUDI will include smoking cessation action and discharge planning by staff to support safe infant sleeping arrangements at home e.g. referral to the Pēpi-Pod® Programme for infants 0 – 6 weeks, SUDI risk information will be included in the discharge summary sent to primary health care providers. 	<ul style="list-style-type: none"> A lack of assessment may enable risk to vulnerable infants to go unidentified and create breakdowns in the chain of care. It is important that health professionals view themselves as key components in the co-ordination of an unbroken chain of care with a responsibility to transfer care when infants are discharged from BOPDHB services back into the community. All smoking harms infants. Smoking takes oxygen and weakens vital systems as infants develop during pregnancy. Smoke exposure in the first year of life increases the risk of SUDI, especially for infants whose mothers smoked during pregnancy.

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	ACTION	RATIONALE
5	<ul style="list-style-type: none"> All BOPDHB facilities that provide sleeping arrangements for infants up to one (1) year of age will be supported by 'Safe Sleep Champions.' Monitoring of safe infant sleeping in BOPDHB facilities will be achieved by regular audit using an approved audit tool. 	<ul style="list-style-type: none"> Ongoing support is required for staff to achieve and maintain the skills to promote safe infant sleeping practices in BOPDHB facilities (and when relevant in community settings). To evaluate safe infant sleeping and SUDI prevention activity across the BOPDHB as a measure for quality improvement.

ASSOCIATED DOCUMENTS

- Bay of Plenty District Health Board Policy 1.6.1 Safety of Children
- Bay of Plenty District Health Board policy 1.6.1 protocol 2 Boarder Babies
- Bay of Plenty District Health Board policy 1.6.4 Vulnerable Persons
- Bay of Plenty District Health Board policy 5.4.2 Smokefree – Auahi Kore
- Bay of Plenty District Health Board policy 5.4.2 protocol 0 Smokefree - Smoking Cessation ABCs
- Bay of Plenty District Health Board policy 5.4.2 protocol 3 Smokefree - Mental Health and Addiction Services (MH&AS) Inpatient Unit Standards
- Bay of Plenty District Health Board policy 5.4.2 protocol 4 Smokefree - Inpatient Standards
- Bay of Plenty District Health Board policy 5.4.2 protocol 5 Smokefree - Management of Nicotine Dependence
- Bay of Plenty District Health Board policy 6.5.1 Inpatient Discharge Planning
- Bay of Plenty District Health Board policy 6.5.1 protocol 1 Discharge Planning - Inpatient Process
- Bay of Plenty District Health Board policy 6.5.1 protocol 3 Discharge Planning – Inpatient Self Discharge Planning Process
- Bay of Plenty District Health Board Administration protocol ADMIN.S6.1 Do Not Arrive (DNA) and Did Not Wait (DNW) Standards

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