

STANDARD

- Compliance with NZS 8134.2:2008 Health and Disability Services (Restraint Minimisation and Safe Practice) Standards
- To ensure all Bay of Plenty District Health Board (BOPDHB) clinical staff dealing with patients practice competent, safe care in relation to restraint minimisation, always considering the least restrictive interventions, and appreciating the physical and psychological impact restraint has on the individual consumer, their family / whanāu and others.

EXCLUSIONS

- Administrative support staff
- Mental Health & Addiction Services' staff

FREQUENCY

1. Initial introduction session on restraint minimisation is required for all staff.
2. Three (3) yearly update is available via Midland Learning, e-learning site.
3. Orientation training sessions are available monthly in Tauranga and bi-monthly in Whakatane.

STANDARDS TO BE MET

1. Content

- 1.1 All clinical and relevant non-clinical staff e.g. security and orderlies, will complete a self-directed learning package (SDLP) or resource pack.
- 1.2 The SDLP is available on-line via Midland Learning, e-learning site.
- 1.3 Course content, the SDLP, the resource pack and test will be reviewed annually by Practice of Restraint Advisory Group (PRAG).

2. Records

- 2.1 Individual staff members are responsible for attending trainings and required updates.
- 2.2 Individual staff members are responsible for their personal record keeping for professional portfolio / certification purposes
- 2.3 All training records are held by the Clinical School.

ASSOCIATED DOCUMENTS

- Bay of Plenty District Health Board policy 1.2.4 Restraint Minimisation and Safe Practice
- Bay of Plenty District Health Board policy 1.2.4 protocol 0 Restraint Minimisation and Safe Practice Standards
- Bay of Plenty District Health Board policy 1.2.4 protocol 1 Restraint Minimisation and Safe Practice – Approval of Practices
- Bay of Plenty District Health Board policy 1.2.4 protocol 3 Restraint Minimisation and Safe Practice – Reporting
- Bay of Plenty District Health Board Clinical Practice Manual protocol CPM.E1.1 Enablers

Issue Date: Mar 2015 Review Date: May 2017	Page 1 of 2 Version No: 6	NOTE: The electronic version of this document is the most current. Any printed copy cannot be assumed to be the current version.
Protocol Steward: Restraint Co-ordinator	Authorised by: Director of Nursing	

- Bay of Plenty District Health Board Clinical Practice Manual protocol CPM.R2.9 Restraint - Use of Personal Restraint
- Bay of Plenty District Health Board protocol Mental Health & Addiction Services MHAS.A1.2 Restraint Minimisation in Mental Health & Addiction Services
- Bay of Plenty District Health Board Mental Health & Addiction Services protocol MHAS.A1.45 Seclusion in Mental Health
- Bay of Plenty District Health Board Mental Health & Addiction Services protocol MHAS.G1.2 Restraint – Locked Door Management in Specialist Health Services for Older People
- Bay of Plenty District Health Board policy 0.0 Glossary of Terms / Definitions
- Bay of Plenty District Health Board policy 1.1.1 Informed Consent
- Bay of Plenty District Health Board policy 2.1.1 Risk Management
- Bay of Plenty District Health Board policy 2.1.2 protocol 2 Controlled Document Development Standards
- Bay of Plenty District Health Board policy 2.1.2 protocol 6 Controlled Document Review Standards
- Bay of Plenty District Health Board policy 2.1.3 Hazard Management
- Bay of Plenty District Health Board policy 2.1.4 Incident Management
- Bay of Plenty District Health Board policy 5.4.7 Threatening Behaviour, Bullying, Harassment and Violence in the Workplace - Management
- Bay of Plenty District Health Board policy 7.104.1 protocol 3 Care Delivery – Observing Patients
- Bay of Plenty District Health Board Practice of Restraint Advisory Group (PRAG) Terms of Reference
- Bay of Plenty District Health Board Restraint Use Form

Issue Date: Mar 2015 Review Date: May 2017	Page 2 of 2 Version No: 6	NOTE: The electronic version of this document is the most current. Any printed copy cannot be assumed to be the current version.
Protocol Steward: Restraint Co-ordinator	Authorised by: Director of Nursing	